**PROGRAM OF ACTIVITIES**

Grade 2 Family Day | SY 2013-2014

School of the Holy Spirit Quezon City

January 25, 2014

Theme:

*“Pinoy Familympics”*

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| TIME | ACTIVITY |
| 730 AM | Registration |
| 800 AM | **Opening Ceremonies**   * **Opening Prayer –** Grade 2 Molave * **National Anthem -** Grade 2 Narra * **Welcome Remarks** * **Acknowledgement of Participants and Cheer presentation** (Per section w/ max of 1 min each) * **Overview of Program Flow and Objectives** * **Sportsmanship Pledge -** Grade 2 Ipil |
| 845 AM | Stretching Exercises/Preparation for games |
| 900 AM | **The Battles- Pinoy Familympics\*** (Overview of Game Mechanics before each Game)   * Pinoy Obstacle Relay (In sequence - Luksong tinik, Luksong baka, Tumbang preso and Kadang-kadang) * Pinoy Touch ball * Pantintero   **Side games for Kids below 7 years old**   * For 1-3 years old - Sipa/kick ball * For 4-6 years old – Sungka, Piko, Hollen, Rubber band and Jackstone |
| 1030 AM | **Intermission Number -** Grade 2 Yakal  **Awarding Ceremonies**  **Closing Remarks –** Grade 2 Level President  **Distribution of Family Kits** |
| 1130 AM-onwards | Pamilya salo-salo / Lunch |

*\*With 10 minutes interval rest between games*