



# SACRED CIRCULARITIES

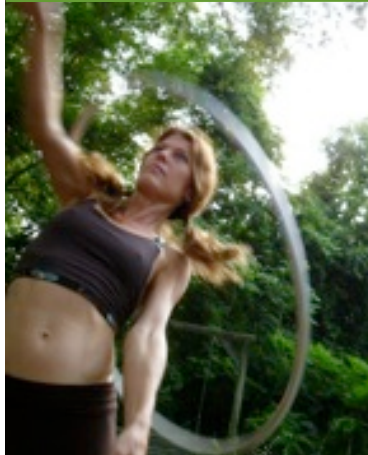
## HEALING HOOP DANCE RETREAT IN BALI

**March 12-20 2011 Ananda Cottages, Ubud, Bali**

**LEARN  
PLAY  
SHARE  
MOVE  
REVITALIZE  
IN  
PARADISE!**

Join us for seven full days of immersive workshops on the Healing Art of Hoop Dance! Hoop Dance has recently seen a resurgence from its days as a fad to its current incarnation as a mind-body-spirit practice.

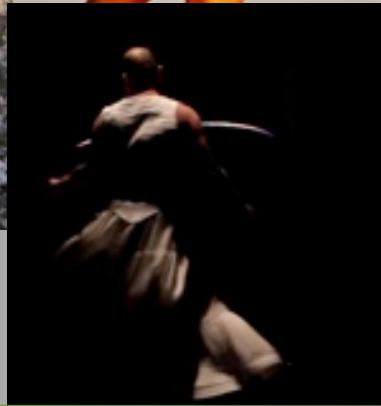
This retreat is appropriate for beginners as well as more advanced practitioners and teachers.



Experience the healing affects of connecting with the Universal Spin, the movement of all things from atoms to planets to galaxies! Learn how spinning in a hoop can re-awaken your creativity, invigorate your life, and stimulate your sense of joy!



In one full and exciting week, we will explore a fusion of hoop movement, flower essence alchemy, Mayan time concepts and yoga with talented artists who have spent years sharing their skills and expanding their lives through the Art of Flow.



Seven expansive days of hoop dance-infused fun including daily workshops, evening activities, breakfast, lunch and excursions.

On-site accommodation: \$1,595,  
Register with a friend: \$1,450 each,  
Off-site accommodation: \$1,111  
Off-site with a friend: \$995 each



### **Drop-In for the Day!**

**\$175US or 1,700,000rupiah**

Includes: Morning Vinyasa Yoga  
Breakfast and Lunch  
2 Two-Hour Retreat Workshops  
Evening Hoop Jam

See Workshop Schedule for Details!

Contact: [info@sacredcircularities.com](mailto:info@sacredcircularities.com) or visit our website to register: [www.sacredcircularities.com](http://www.sacredcircularities.com)