

# Meditate with Baba Maharaj Sri Shiva Rudra Balayogi

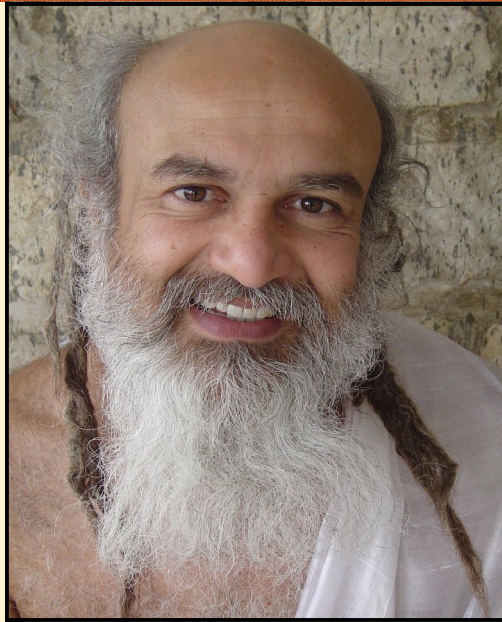
Direct disciple of Sri Sri Sri  
Shivabalayogi Maharaj

## His Mission Statement

"Having achieved Realisation, our  
fundamental duty is to serve and  
help others.

Who are we to set right the  
world? You have to first rectify  
yourself, your own mind."

***Bookings not required.  
All are welcome.***



**7 pm 21 & 22 Oct Uniting Church Hall, Sunrise Beach,  
Grasstree Court, Sunrise Beach.**

**7 pm 23th Oct Anahata Temple, 186 Memorial Drive, Eumundi**

**No charge. Donations welcome.**

Programs are suitable for all who are interested in meditation and consist of  
a talk by Baba, group meditation, bhajans (devotional singing),  
answering of questions on meditation and spiritual topics.

**Retreat Day 24th October 9 am to 4 pm. Cost \$65 pp**

Diddillibah Hall, Diddillibah Road, Diddillibah

Bookings required. Includes vegetarian lunch.

Dhyana meditation requires no particular religious belief or commitment.

**Enquiries: Kerri Blake 5445 5542 or email [kerriblake@aapt.net.au](mailto:kerriblake@aapt.net.au)**

**Website: [www.shivarudrabalayogi.com](http://www.shivarudrabalayogi.com)**

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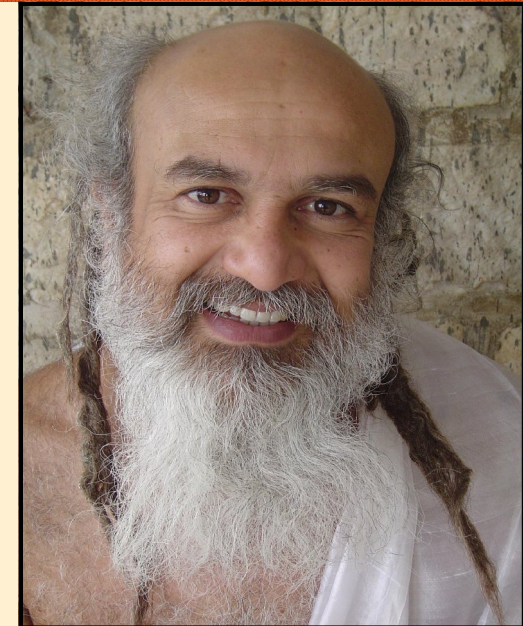
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