

Financial empowerment for women in 3 parts:

Feelings: raising awareness of our emotional relationship with money.

Thinking: session of hypnotherapy for financial well being.

Action: essential, accessible information for managing money, savings and investments. Practical 'must-know' questions to ask your bank manager, mortgage provider or financial planner.

Tea and cake too of course!



When?

Saturday 13th April
1.30 – 5.30 pm

Where?

Vitality Vetcare Clinic,
4a Ballina Rd,
Bangalow. 2479

How Much?

\$25

Facilitated by: [Ruth Langford](#), 20+ years experience as a counsellor, counselling supervisor and group facilitator.

[Grace Underwood](#), a skilled hypnotherapist and psychotherapist with many years experience.

[Yvonne Jenkins](#), 27 years of financial services experience. Director of one of the first ethical financial brokerages in the UK and Australia.

Limited places, enquiries and bookings,
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