

Southeast Veterinary Dermatology & Ear Clinic

393 Woods Lake Road. Greenville, SC 29607
Voice: 864-385-6565 Fax: 864-385-6567

10/30/18

To: Harry Cunningham, DVM
Frazier Animal Hospital
Fax: 864-233-5048
From: Cynthia Bauer, DVM, MS, Dipl. ACVD
Pages: 1

Patient: Silvia McGruff
Owner: E. Westkaemper & B. Rescue
Date of Examination: 10/30/18
Examined by: Cynthia Bauer, DVM, MS, Dipl. ACVD
Weight:

Recommendations to owner: Silvia's history and clinical signs are consistent with an underlying allergy. as we discussed allergies can be caused by a hypersensitivity to flea saliva, foods and flavored products, and/or to the environment. Silvia's history is most consistent with food hypersensitivity, environmental allergy.

The next best step for her is a food elimination trial. If we do not see any improvement from the food after 8-12 weeks she will be ready to get scheduled for intradermal allergy testing.

The only way to diagnose a food allergy is by doing a strict food elimination trial using a prescription diet. To feed this diet strictly it is necessary to eliminate all foods Silvia has been exposed to previously, including flavored monthly preventatives. Using a prescription diet is imperative since over the counter diets are not processed independently and can be "contaminated" with allergens in other foods. Please refer to the food trial handout to review the specific details of the elimination diet trial we discussed today.

An intradermal allergy test is performed to determine what in the environment is causing Silvia's allergic clinical signs. The real reason is so we can start her on allergy immunotherapy (allergy shots) to try and manage her environmental allergies. It sounds like she will be moving to her new home soon. It would be ideal for her to get tested where she will be living so she can follow up consistently with the same dermatologist once that process starts. I am sending home some information on how to find a local dermatologist. Once the new parents find that let us know. I can facilitate the referral and give them all of our information.

She did not have any significant infection today and no evidence of mites. Her Bravecto will effectively rule out any mites that could be hard to diagnose.

If her cytopoint injection does not change her level of itch by next week call me and we will need to start her on some steroids for relief.

Follow up: 4 weeks.

Prescription Medications:

10/30/2018 - Serenegy Potato Treats, 11 oz., 1 bag
Give as desired.

10/30/2018 - Canine Royal Canin Rabbit/Potato Canned, 2 Dispensing units
Feed as directed.

10/30/2018 - Canine Royal Canin Rabbit/Potato Small, 1 1 bag
Feed as directed.

10/30/2018 - Cytopoint 10mg, 1 ml
Given SQ

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Client's Name: E. Westkaemper & B. Rescue
Patient's Name: Silvia McGruff
Date of Visit: 10/30/18
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Food Allergy

Based on her history and clinical signs, Silvia McGruff is suspected of having a food allergy.

Food allergy in the dog and cat involves sensitization of the pet to a protein or carbohydrate that has been fed chronically. It is rare that food allergy develops to a recent diet change. Symptoms of food allergy include itchiness (sometimes severe) and recurrent infections of the skin and ears. Other symptoms, such as gastrointestinal disturbances and lethargy are less common.

To alleviate the symptoms of food allergy, a diet that does not contain the offending allergen must be fed for 8-12 weeks. Because most brands of commercial pet foods have multiple ingredients, simply changing to a different brand of food is usually not sufficient. To rule out food allergy, a diet containing a limited number (1 or 2) of ingredients that are novel to your pet is recommended.

In addition, because even small amounts of an allergen can cause persistence of symptoms, no other food, treats, rawhide chews or flavored medications should be given during the diet trial.

Finally, it is important that all secondary infections be cleared up prior to the end of the diet trial.

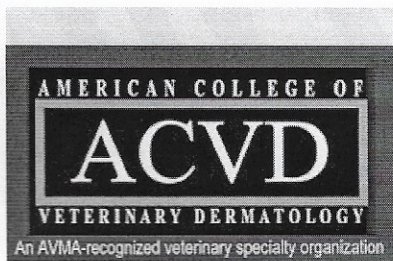
Instructions:

Feed Royal Canin Rabbit and potato for the duration of the food trial (8-12 weeks or as recommended)

Spend 3-5 days converting Silvia McGruff to the new diet. Then feed this diet exclusively for at least 8 weeks (occasionally pet's require up to 12 weeks). Keep in mind that even small breaks in the diet can make it difficult to make a diagnosis. Do not give treats (milkbones, Pounce, etc), rawhide chews, or other foods.

Please use Ivermectin for heartworm prevention during the diet trial.

You just gave a Bravecto which should cover her until the food trial for flea and tick prevention.



All listed members are ACVD board-certified veterinary dermatologists

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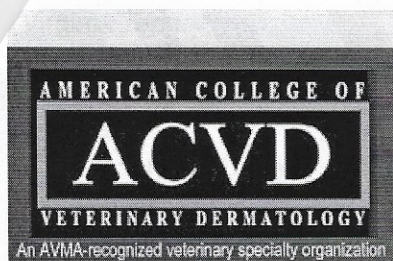
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Locations

[ordered by Institution]

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Lynn Schmeitzel

Augusta/Valley Animal Hospital
310 Betsy Bell Rd.
Staunton VA, 24401
[Map Location](#)

Phone: 540 851-1500

Hours:

augustavalleyanimal.com

Marlene Pariser

BluePearl Specialty & Emergency
Medicine for Pets
364 S. Independence Blvd.
Virginia Beach VA, 23452
[Map Location](#)

Phone: 757 499-5463

Hours:

Bruce L. Hansen

Regional Veterinary Referral Center
6651-F Backlick Road
Springfield VA, 22150
[Map Location](#)

Phone: 703-440-9206

Hours: M-F 9AM - 5 PM

www.dermatologyandallergyvet.com

Lynn Schmeitzel

Roanoke Animal Hospital
2814 Franklin Road SW
Roanoke VA, 24014
[Map Location](#)

Phone: 540-343-8021

Hours:

www.roanokeanimalhospitalva.com

Bruce L. Hansen

The Life Center
165 Fort Evans Road NE #103
Leesburg VA, 20176
[Map Location](#)

Phone: 571-209-1161

Hours: Wednesday and Thursday 9am-4pm

www.dermatologyandallergyvet.com

Nicola L. Williamson

Veterinary Dermatology of Richmond
5918 West Broad Street
Richmond VA, 23230
[Map Location](#)

Phone: 804 740-9555

Hours: 8 am - 5 pm

www.vavetderm.com

Ben Tham

Phone: 540-231-4621

Virginia Tech
VA-MD College of Veterinary Medicine
Department of Small Animal Clinical
Sciences
205 Duck Pond Drive
Blacksburg VA, 24061
Map Location

Hours:
vetmed.vt.edu

Lynn Schmeitzel

Virginia Veterinary Centers
Dermatology
3318 West Cary Street
Richmond VA, 23221
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Phone: 804-353-9000

Hours:
<https://viriniaveterinarycenters.com>

Elizabeth Toops

Virginia Veterinary Specialists
370 Greenbrier Dr. Suite B
Charlottesville VA, 22901
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Phone: 434-202-2987

Hours:
www.VAVetSpecialists.com