**I Believe....  
That no matter how good a friend is,   
they're going to hurt you every once in a while   
and you must forgive them for that.**

**I Believe...   
That you can do something in an instant   
That will give you heartache for life.**

**I Believe....  
That sometimes the people you expect to kick you when you're down   
will be the ones to help you get back up**.

**I Believe...  
That sometimes when I'm angry   
I have the right to be angry,    
But that doesn't give me the right to be cruel.** 

**I Believe....  
That our background and circumstances   
may have influenced who we are,   
But, we are responsible for who we become.**

**I Believe...  
That you should always leave loved ones with   
Loving words.**

**It may be the last time you see them.**

**I Believe....  
That it’ taken me a lifetime   
To become the person I want to be.**

**A Birth Certificate shows that we were born**

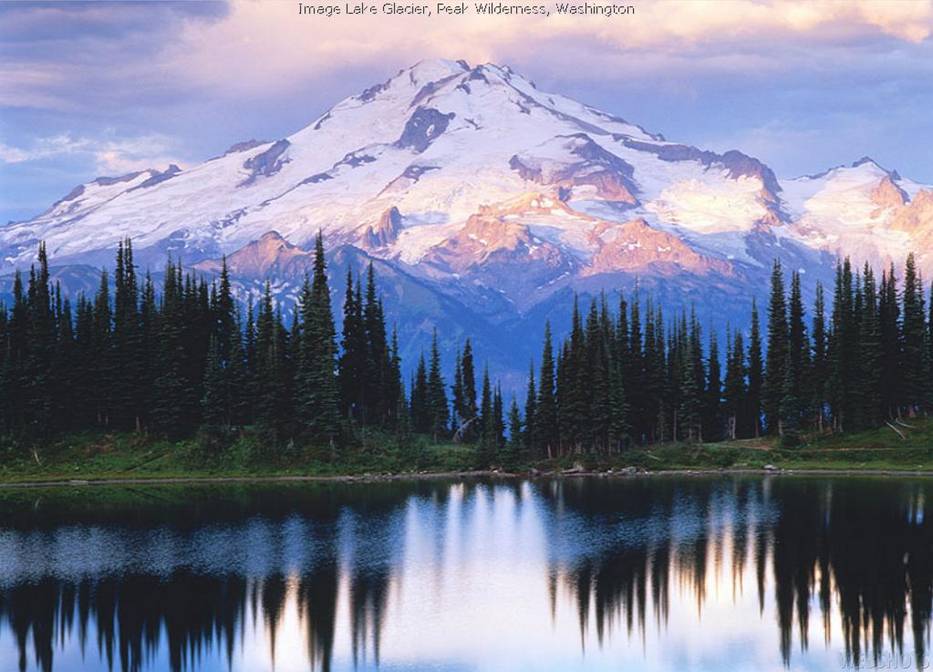
**A Death Certificate shows that we have died**

**Pictures show that we lived!**

**Have a seat. Relax . . . And read this slowly.**



**I Believe...**  **That just because two people argue,**  **It doesn't mean they don't love each other.   
And just because they don't argue,   
It doesn't mean they do love each other.**   
  
 

**I Believe...  
That we don't have to change friends if   
We understand that friends change.**   
  
  
 **I Believe....  
That no matter how good a friend is,   
they're going to hurt you every once in a while   
and you must forgive them for that.**   
  
 **I Believe...  
That true friendship continues to grow,   
even over the longest distance.**  **Same goes for true love.**   
 **I Believe...   
That you can do something in an instant   
That will give you heartache for life.**   
  
 **I Believe....  
That it's taking me a long time   
To become the person I want to be.**   
  
  **I Believe...  
That you should always leave loved ones with   
Loving words. It may be the last time you see them.**   
  
 **I Believe....   
That you can keep going long after you think you can't.**

  
 **I Believe....  
That we are responsible for what   
We do, no matter how we feel.**   
  
 **I Believe...  
That either you control your attitude or it controls you.**

  
 **I Believe...  
That heroes are the people who do what has to be done when it needs   
to be done, regardless of the consequences.**  
  
  
 **I Believe....  
That my best friend and I can do anything or nothing and have the best time**.   
  
 **I Believe....  
That sometimes the people you expect to kick you when you're down   
will be the ones to help you get back up**.

  
 **I Believe...  
That sometimes when I'm angry   
I have the right to be angry,    
But that doesn't give me the right to be cruel.**   
  
 **I Believe....  
That maturity has more to do with what types of experiences you've had   
And what you've learned from them and less to do with how many   
birthdays you've celebrated.**   
  
 

**I Believe....  
That it isn't always enough,   
to be forgiven by others.**  **Sometimes, you have to learn to forgive yourself.**   
  
 **I Believe...  
That no matter how bad your heart is broken**  **the world doesn't stop for your grief.** 

**I Believe....  
That our background and circumstances   
may have influenced who we are,   
But, we are responsible for who we become.**

  
 **I Believe....  
That you shouldn't be so eager to find   
Out a secret. It could change your life Forever.**   
  
 **I Believe....  
Two people can look at the exact same   
Thing and see something totally different.** 

**I Believe...  
That your life can be changed in a matter of   
hours by people who don't even know you.**   
  
 **I Believe...  
That even when you think you have no more to give,   
When a friend cries out to you -   
you will find the strength to help.** 

**I Believe....  
that credentials on the wall   
do not make you a decent human being.**   
  
 **I Believe...  
That the people you care about most in life   
are taken from you too soon.**   
  
  
  
  
**The happiest of people don't necessarily   
have the best of everything;   
They just make the most of everything they have.**