

# Jealousy, Arrogance, and Animosity: A One Package Deal

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Alsalam Alikum brothers and sisters,

A brother writes asking me to make my next article about jealousy. It is a topic I did a Khutbah on just few weeks ago.

The one thing I noticed about jealousy is that it is commonly associated with not only the poor, the wretched, the have-nots but with those that have so much to be thankful in their own lives. I found that jealous people have arrogance and an exaggerated degree of self-worth. Their jealousy and arrogance is commonly exhibited by their own questions of themselves and others: “why him or her and not me”. Then they often follow by “I am...”

Jealousy becomes manifested by animosity, ill will, and bad mouthing of the person being jealous of.

All 3 elements (jealousy, arrogance and animosity) are clearly articulated in Satan’s own words (Surah Saad verses 73 through 82):

“So the angels (all of them) prostrated. Except Iblis (Satan) he was arrogant and one of the disbelievers. He [Allah] said “Oh, Iblis, what prevented you to prostrate to what I created with My hands? Were you arrogant or one of the mighty? He [Iblis] said: I am better than him; you created me from fire and you created him from mud”. Iblis goes on to make a promise: “By your might, I will surely mislead them all except a few of the saved ones”.

You also see that in the words of the non-believers of Quraish and Al-Tai’f:

“How come this Quran was not revealed to a man from the two villages who is great [rich]”

## *Jealousy and Animosity: Two Destructive Diseases*

Prophet Muhammad (PBUH) in a Hadith narrated by Ahmad and Al-Turmithi (Hassan) said:

“The diseases of the nations before you have crept into [your hearts]: jealousy and animosity. Animosity is the shaver of Deen (religion) and not hair. I swear by He who has the life of Muhammad (PBUH) in His hands: you will not believe till you love one another”.

Jealousy and Arrogance Negate Belief (Iyman)

Prophet Muhammad (PUBH) said: “Jealousy and Iyman cannot be together in the heart of one slave”.

He (PBUH) also said: “He will not enter heaven he who has one iota of arrogance”.

## *The Signs of Jealousy*

## *1. Arrogance*

The first sign as we stated is arrogance (Takabbaur). You see it in many places in the Quran as we previously quoted. Here is another Quote that Faro said to his people comparing himself to Moses:

“Don’t I own the kingdom of Egypt? Am I not better than this (references Moses) who is low and cannot articulate”

## *2- Putting the Other Person Down*

In addition to what I quoted above, see these additional quotes from the Quran:

About prophet Shoaib: “We see that the only ones that followed you are the low [class] who have no opinion”

About prophet Muhammad (PBUH): “Are we going to leave our gods to a crazy poet?”

## *3- Focus on Small, Trivial Things*

When prophet Muhammad (PBUH) migrated to Madinah and on one day he (PBUH) was riding his donkey passing by Abdullah Bin Obai Bin Sallaol (the head of Munafiqeen/hypocrites). Abdullah covered his face and said that “you donkey is blowing up dust on us”.

## *4- Exaggerating Problems and Spreading Rumors*

No one spread rumors about our beloved and mother Ayesha as much as the previously named Abdullah Bin Obai Bin Sallaol because of his jealousy and hatred of prophet Muhammad (PBUH) having taken a more prominent role in Madinah that Abdullah had.

The jealous person tries hard to find faults in the other and even misconstrue things to paint them in a negative tone. Prophet Muhammad (PBUH) said:

“Oh, those who believed in their tongues and not their hearts do not try to find faults in your follow brother. Whoever does that then Allah SWT will find faults in him and exposes them even in his/her own house”.

## *5- Happy When a Tragedy Befalls and Sad when a Good Thing Happens*

Allah SWT says: “If a good thing happens to you they feel bad and if a bad thing befalls you then they are happy about it”.

## *6- Two Faces*

Allah SWT says: “when they meet you they say we believe and then when they are alone they bite their fingers in hatred; say die in your own hatred”.

## How to Cure Jealous Heart

### *1- Thank Allah SWT for the Blessings You Have*

Realize that Allah SWT gave you so much “If you [try] to count the blessings of Allah then you shall not be able to”.

### *2- Do not look at Others*

Realize also that what others have is a test to them and Allah SWT forbade us to look at them with envy:

Allah SWT says: “Do not gaze with your eyes at the what we enjoined at others of the flowers of this life (Donia) to test them with”.

Remember the story of Qaroon when some of the poor wished to be wealthy like him only to repent from that thought after seeing him swallowed by an earthquake.

### *3- It may be Bad for You if Allah Gave you More*

Allah SWT also says: “If Allah expanded wealth (Rizq) to His Slaves then they would transgress on earth”.