**Juniors Lesson 11**

**January 30, 2017**

OBJECTIVE To do review exercises for all the presentation skills we have worked on.

2 mins Handshake exercise. Interns make sure to shake every person’s hand—give some sort of feedback on every single handshake!

5-10 mins **Review:**

What presentation skills did we work on last meeting? Facial expressions, humor vs dramatic expressions,

What are facial expressions?

How can you use facial expressions? They need to be big, obvious, convey emotion.

What are gestures?

Why do we use gestures? Be more interesting, add emphasis

How do you gesture the right way? Big movement, intentional

(do similar questions for other presentation elements that the kids mention)

What is diction? Enunciating clearly

Why is good diction important? To be more easily understood

What are some of the other presentation skills we have worked on? Volume, rate, inflection, etc…ask kids and talk to them about each of these

**Do warm up exercises:** scrunch your face up tight, then open mouth/eyes wide- do this a few times; scrunch your shoulders as far up as they will go and hold for 10 seconds, push them down as far as they will go and hold for 10 seconds, roll them forward four times, roll them backwards four times.

5 mins **Telephone:** play a round or two of telephone reminding the students to speak slowly and clearly to try to make it!

10 mins Do you want to find a senior to do a speech demonstration? Jack has an open and I’m not sure who else. This is only a suggestion—definitely do not have to do.

15-20 mins **Emphasis exercise:** We’re having THAT for dinner?

Y’all know this exercise ☺ Have the kids get up and go through these statements each time emphasizing the next word.

|  |
| --- |
| We are having pie for breakfast? |
| Math is my favorite subject. |
| I got lost going to the store. |
| I have a bad dog. |
| We homeschool in Texas. |
| Dinner is the best meal of the day. |
| My bedtime is at 8:30. |

15-20 mins SNACK and clean up; water and bathroom break.

15 mins **Diction exercise**: Do a set of tongue twisters! Make sure the kids have a different tongue twister than what they’ve had before. Try it slowly, then see if they can do it faster while still being clear. Hit the consonant sounds hard to have god diction.

Tongue twisters will be cut for you.

15 mins **Rate, Volume, Gestures exercise**: have each student get up a read a nursery rhyme focusing on their speed/rate, volume, and encourage them to add some gestures!

Rhymes will be provided.

15 mins **Facial Charades**

Interns give the student an emotion for students to act that face and have the group guess what emotion it is. Try to only use your face to express the emotion.

Below are some emotion examples:

|  |  |  |
| --- | --- | --- |
| Happy | Sad | Interested |
| Nervous | Angry | Sorry |
| Surprised | Scared | Optimistic |
| Hot | Cold | Innocent |
| Tired | Hyper | Puzzled |
| Worried | Confused | Nauseous |
| Paranoid | Shy | Jealous |
| Bored | Shocked | Negative |
| Lazy | Confused | In pain |
| Curious | Disappointed | Proud |
| Frustrated | Disgusted | Relieved |
| Exhausted | Dazed | Panicked |
| Greedy | Stubborn | Love struck |