

Volume 1  
Issue 2

January 2007

Editors:  
Rico Arico  
Lee Newman

# SAFE International

## News that “makes a difference!”

**Stop Abuse for Everyone**

**Our name IS our mission!**



**From the desk of:**

**Lee Newman, Executive Director of SAFE International**

Happy New Year!

We had a very busy Holiday season at SAFE and SAFE-NH!

Our crisis line was very busy in New Hampshire as stress around the Holidays seemed to take it's toll on many who found themselves in difficult situations. We also receive many requests from all over the Country via e-mail and sometimes even a long distance call from those who do not seem to find a helpful advocate in their area, so it was never quiet for too long here at home in NH.

We also often get referrals from professionals not only here in NH but from many other States as well, it seems that the word about SAFE and SAFE-NH is getting out there these days! We got several requests from the media during January and I even ended up on the front page of a newspaper in NH with an interview written by an open minded and interested reporter.

Some members of our SAFE Speaker's Bureau and our SAFE Advisory Board were active in the media as well during the first month of 2007:

01/31/07: [SAFE Advisory Board Member Glenn Sacks has editorial published on Harris Case](#)  
Why does the media glorify Clara Harris?

01/12/07: [SAFE Advisory Board Member Glenn Sacks has essay published in Baltimore Sun](#)  
The essay discusses abused men.

01/10/07: [ABC News Features SAFE speakers in article on Jason Kidd](#)

SAFE Speakers Linda Mills and Phil Cook were included in the article on Jason Kidd, and other SAFE members were interviewed for background information.

01/10/07: [SAFE Speaker Phil Cook on WOR Radio NYC](#)

SAFE Speaker Phil Cook appeared on WOR Radio NYC to discuss the Jason Kidd case.

Thank you to the entire SAFE Team including our financial benefactors, our registered members, our Boards, our Speaker's ,other Chapters and our clients for YOUR support and loyalty to our mission!

### Special points of interest:

- Executive Director comments
- SAFE Speaker's Bureau
- John Hamel
- Linda Mills
- SAFE Chapters
- How can you help our mission?
- Why donate to SAFE?
- "Supporter Spotlight"
- Thank you!

**You can help us  
"Stop Abuse  
For Everyone!"**

**Please consider a tax  
deductible donation today!**

## SAFE Speaker's Bureau

**Stop Abuse For Everyone™**

<http://www.safe4all.org>

The SAFE Speakers Bureau is organized to present accurate, balanced, and objective information about domestic violence with a focus on those who typically fall between the cracks of domestic violence services. These groups include men, gays and lesbians, teens, the elderly, and immigrants.

Speakers are approved by the SAFE International Board and represent a broad range of expertise. Each speaker agrees with the mission, goals and purpose of SAFE.

Joint presentations by two or more of the speakers are encouraged. Speakers are available for trainings, lectures, panel discussions and seminars.

**To inquire about scheduling a presentation  
for your group contact:**

SAFE (Stop Abuse For Everyone™)  
PO Box 951  
Tualatin, OR 97062  
(319) 441-1010 or  
Email: [ira@safe4all.org](mailto:ira@safe4all.org)

**Ira will be happy to answer your questions  
and arrange a presentation.**

# SAFE Speaker's Corner:

## John Hamel, LCSW



John Hamel, LCSW, has a B.A. in psychology and a Masters in Social Welfare from U.C.L.A. In 1992, Mr. Hamel began his training in family counseling and soon established John Hamel & Associates with offices in several cities in the Bay Area.

Mr. Hamel, along with his associates, provides a wide range of services for high-conflict families, including family violence assessments, victim services and advocacy, and specialized treatment programs for angry and violent men, women, couples, parents and teens. Although many of his clients are voluntary participants, many are referred from Family Court or Child Protective Services, or mandated by the courts to participate in either a batterer treatment or parenting program.

A recognized expert in the fields of anger management and family violence, Mr. Hamel has provided consultation and training for mental health professionals, shelter workers and victim advocates, court mediators and evaluators, teachers, attorneys and law enforcement. He has spoken at the California Department of Social Services 10th Annual Family Strengths Training Institute, and the FVSAI 9th International Conference on Family Violence. Mr. Hamel is a passionate advocate for a research-based, gender-inclusive approach to domestic violence and is a perfect choice for a SAFE Speaker. He is an active member of the [Family Violence Treatment and Education Association](#) and author of both "Domestic Violence Today", a manual on DV characteristics and etiology, as well as the groundbreaking book, "[Gender-Inclusive Treatment of Intimate Partner Abuse: A Comprehensive](#)

[Approach](#)." He resides with his wife and family in Northern California.

### Specialized Topics:

1 New Approaches for Effective and Inclusive Batterer Intervention

2 Domestic Violence Today: Truth, Myth, and all The Shades of Gray (includes manual and reading guide)

### Fixing Only Half the Problem: Batterer Intervention and Public Policy

By John Hamel, LCSW, San Rafael, CA

(415) 472-3275 \* [www.johnhamel.net](http://www.johnhamel.net) \* [johnmhamel@comcast.net](mailto:johnmhamel@comcast.net)

The term "domestic violence" usually brings to mind a woman, face swollen from a beating, cowering in a corner of her home, arms wrapped protectively around her frightened children. This is the image from television movies-of-the-week, and from posters in mental health clinics and battered women shelters. Prior to the advent of the shelter movement in the 70's, the plight of these women was given scant consideration. Men who beat their wives often were not arrested, and their victims sometimes were blamed for the abuse. Thankfully, the situation is different today; assaultive men are being arrested at increasingly greater rates, and are court-mandated in most states to complete specialized batterer treatment programs.

The prevailing view is that while assaults by women may be comparable to those by men in cases of minor assaults (e.g., grabbing and pushing), men perpetrate nearly all of serious, injury-producing violence - what is generally known as "battering." Men are assumed to be the initiators, and their violence is viewed as "instrumental" and driven by patriarchal attitudes (Brygger & Edleson, 1987; Dobash & Dobash, 1979). Violence by women is assumed to be less serious, "expressive," symptomatic of underlying emotional issues, and usually in self-defense (Henning & Feder, 2004; Johnson, 2000; Swann & Snow, 2002).

Presumed to be victims, women are rarely convicted of spousal abuse or mandated to batterer treatment. For example, women account for 16% of domestic violence arrests in Contra Costa County, California, a 200% increase from 1995 (California Department of Justice, 2002), but the number mandated to offender groups from Judge Craddick's Misdemeanor Domestic

Violence Court, including our own center, is only 4% (Simerman, 2002). What happens to these cases is unknown, but it is this author's experience that community mental health workers, Child Protective Services, and therapists in private practice tend to refer abusive women to individual psychotherapy or to support groups for battered women.

A dissenting view holds that severe assaults by women are more prevalent than is generally believed, that most partner violence is bi-directional (Dutton & Nicholls, in press), and that violent men and women have in common similar motives (Carrado, George, Loxam, Jones, & Templar, 1996; Cook, 1997). Dissenters maintain that violence is always harmful, regardless of the perpetrator's gender. They cite one set of studies showing that as children, violent men and women are equally likely to have witnessed mother hit father, as opposed to father hitting mother (Langhinrichsen-Rohling, Neidig, & Thorn, 1995; Sommer, 1994). Another body of research indicates that assaults by either parent have serious, long-term consequences on children, putting them at greater risk than those from non-violent homes to develop emotional, behavioral, and academic problems (English, Marshall, & Stewart, 2003; Holden, Geffner, & Jouriles, 1998; Johnston & Campbell, 1993; Straus, 1991; Wolak & Finklehor, 1998). Finally, many who work directly with perpetrators are beginning to question the assumption that intervention programs are exclusively - or even mostly - comprised of "batterers."

This paper will explore how public policy on batterer intervention is inadequate because it fails to take into account the seriousness of assaults by women. An attempt will be made to shed light on this debate, by providing answers to two fundamental questions: (a) How serious is violence perpetrated by women upon their male partners? (b) How useful are batterer intervention programs, and do they actually treat the populations we assume they are treating?

#### The link to John's full article:

<http://www.safe4all.org/essays/JohnHamelFixingOnlyHalfTheProblem.pdf>

Found in the essay section of our SAFE site

# SAFE Speaker's Corner: (cont'd)



**Linda G. Mills, Ph.D., J.D**

Dr. Mills is a Professor of Social Work, Public Policy and an Affiliated Professor of Law at New York University. In 2002, she accepted the position of Senior Vice Provost for University Life and Interdisciplinary Initiatives. She received her BA and J.D. at the University of California, her MSW from San Francisco State and her Ph.D. from Brandeis University.

In her recent work, SAFE Speaker Mills, challenges core mainstream feminist assumptions in understanding domestic abuse and develops a new theory and practice, based on empirical research, for rethinking how we react to violence in the intimate sphere. This challenge, titled "Killing Her Softly: Intimate Abuse and the Violence of State Intervention," was published in Harvard Law Review in 1999. She is the author of two books, "The Heart of Intimate Abuse" and "A Penchant for Prejudice." Her most recent book is called "Insult to Injury-Rethinking Our Responses to Intimate Abuse".

This book is now being offered in paperback.

**Linda Mills, a member of the SAFE Speaker's Bureau releases her book in paperback!**

## **INSULT TO INJURY**

### ***Rethinking Responses to Intimate Abuse***

**Linda G. Mills**

*"What a breath of fresh air. [INSULT TO INJURY] takes on the entrenched and very powerful. Superb stuff..."*

**—Archbishop Desmond Tutu**

Locking up men who beat their partners sounds like a tremendous improvement over the days when men could hit women with impunity and women fearing for their lives could expect no help from authorities. But does our system of requiring the arrest, prosecution, and incarceration of abusers lessen domestic violence or help battered women? In the controversial but vitally important **INSULT TO INJURY: *Rethinking Responses to Intimate Abuse***, by Linda G. Mills, we learn that the criminal justice system may actually be making the problem of domestic violence worse. Looking honestly at uncomfortable facts, Linda Mills makes the case for a complete overhaul and presents a promising alternative.

The evidence turns up some surprising facts about the complexities of intimate abuse, facts that run against mainstream assumptions: The current system robs battered women of what power they do hold. Perhaps as many as half of women in abusive relationships stay in them for strong cultural, economic, religious, or emotional reasons. Jailing their partners often makes their situations worse. Women are at least as physically violent and emotionally aggressive as are men toward women, and women's aggression is often central to the dynamic of intimate abuse. Already the subject of heated controversy, **INSULT TO INJURY** offers a desperately needed and powerful means for using what we know to reduce violence in our homes.

### **About the Author:**

**Linda G. Mills** is Professor at the Ehrenkranz School of Social Work, an Affiliated Professor of Law at the School of Law, and Vice Provost for University Life and Interdisciplinary Initiatives, all at New York University. Mills's work has received international attention in such publications as the *New York Times Magazine*, the *Sydney Morning Herald*, the *Observer*, and *World Journal*.

### **In North America:**

Contact: Linda Gallant

Phone: (609) 258-9491

Fax: (609) 258-1335

[linda\\_gallant@pupress.princeton.edu](mailto:linda_gallant@pupress.princeton.edu)

### **In Europe, Africa & Middle East:**

Contact: Caroline Priday

Phone: 1993-814-506

Fax: 1993-814-504

[cpriday@pupress.co.uk](mailto:cpriday@pupress.co.uk)

*Please fax or email requests for review copies on company letterhead. Be sure to include the title, author, ISBN number, as well as the address of the person to whom the book should be sent.*

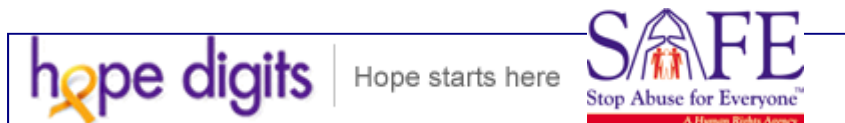
# SAFE Speaker's Corner: (cont'd)

## SAFE speaker Linda Mills' research study mentioned in Nogales International and the Bulletin (Arizona)

### Peacemaking circles help restore community justice

The initiative, "Restoring Justice Through Peacemaking Circles", was introduced to Nogales and Santa Cruz County by Judge Mary Helen Maley in May 2004.

The focus of Peacemaking Circles in our community is to address issues of domestic violence and intimate-partner abuse. This process is based on Native American and indigenous peoples' traditions of sitting around a campfire to discuss community issues.



## HopeDigits and SAFE

“Make a Difference” together  
with a unique partnership!

## Make a Donation

Donate to SAFE. You CAN help *Stop Abuse For Everyone !*



It's really easy to make a contribution, and it will make a huge difference for families impacted by domestic abuse. You can make your contribution online, using your credit card, <http://www.safe4all.org/difference> or you can send a check to: Stop Abuse For Everyone PO Box 951 Tualatin, OR 97062

Your donation to SAFE International helps sustain our efforts to reach out to ALL who are impacted by domestic abuse and helps to continue our education and resource initiatives.

You may also choose to donate to a chapter of SAFE in your State or region of the Country. If there is no Chapter of SAFE in your area, you may want to find out how you can help get one started with our assistance.

Visit the SAFE website or contact SAFE International for more information.

Thank you!

## Volunteer Opportunities:

Court Advocates can accompany victims/survivors to Court in order to provide emotional support as well as availability to explain general Court procedures so that individuals can deal with issues in an informed manner. Advocates can also assist with obtaining and understanding restraining orders.

Social Service Advocates can assist victims/survivors to help ensure fair & non-judgmental treatment. Guidance to obtain appropriate services is available and advocates can interface with other social service providers to ease difficult times.

Help-line Advocates offer compassionate support to victims, their families and friends. They listen; offer feedback, suggestions and referrals to resources available to assist them.

Peer Support Advocates help victims/survivors with one on one personal support. This advocate may also be the person to assist with other advocacy support as well, such as court and social services, housing etc.

'Life skills Buddies' provide positive feedback to families trying to deal with life issues while getting their lives back on track. Mentors in this program are much like an extended family member who offers guidance to families in crisis as they re-build their lives. Many individuals and families have no family close by to be a comforting and common sense influence during times of stress. This program attempts to create that kind of atmosphere between the mentor and their 'adopted' family. We hope that this program will help facilitate families moving forward in the process of creating an emotionally stable environment.

## Support Group Facilitators:

Support groups available for men, women, elderly, teens and children. These groups are for those who have been, or are currently

being affected by violence, abuse or bullying in their lives. Support groups are also available for gay, lesbian and transgender individuals who have suffered violence, abuse and bullying. These individuals are welcome to participate in any of our support groups but we also offer groups specifically dealing with issues unique to their situations and relationships.

*All Volunteer Advocates, Mentors, Facilitators or anyone else working directly with vulnerable individuals are required to attend training. There is no charge for this training if you are going to Volunteer with us.*

**\*\*There are many other volunteer opportunities that do not require special training:**

We're currently looking for grant writers for our organization. Helping to acquire funds to continue our abilities to help the underserved victims of Domestic Violence and their families

Here's some other ways you could help our mission:

SAFE's Media Corps -Media watcher

Volunteers to help organize Fundraisers and Events

Host a fundraising party or Bar-b-que! Have fun with your friends and support a worthy cause.

(Theme parties, costume parties are great)

Start a SAFE Giving Circle with family, friends, co-workers or with your club or other organization.

Contact us and offer to help in ways we haven't thought of yet...

Contact us and offer to help in ways we haven't thought of yet...



## SAFE- New Hampshire

### **SAFE-NH Contact Info:**

SAFE-NH

P O Box 523

Rochester, NH 03867

Phone: 603-859-0859

FAX: 603-297-0244

E-mail: [safenh@safe4all.org](mailto:safenh@safe4all.org)

Lee Newman's info.

E-mail: [lee@safe4all.org](mailto:lee@safe4all.org)

Ex.Director # @ SAFE International  
319-319-522-4817

Are you a self-employed professional, are you an artist or other creative crafter?

Do you own or manage a business?

Would you like to make a difference and take a stand against violence with us?

Contact Lee at SAFE-NH to find out how.

Your donation stays with your local Chapter and if there isn't a Chapter in your area your donation will help our SAFE International's outreach efforts.

## **SAFE-NH Business Sponsor**

(more about Chris on page 6)



**Christopher Bergeron**

Coldwell Banker Grace Drapeau

1 Windhaven Road

Rochester, NH

Direct Office/Cell: (888) 439-1415 (toll free)

Direct Voicemail/Fax: (888) 439-1416 (toll free)

Main Realty Office: (603) 335-4663

E-mail: [chris@christopherbergeron.com](mailto:chris@christopherbergeron.com)

## **SAFE-NH Business Sponsor**

### **Christopher Bergeron**

**"This Business is About Changing Lives"**

**Helping people to fulfill their dreams is what I enjoy most about my business!**

Whether buying or selling, real estate can be an emotional experience, and a financially dangerous one. I focus on taking all of that away, and **leaving my clients with a pleasant and enjoyable experience.**

Helping buyers find and move into their dream home, helping sellers move on to their new home, this is what I am here for and I enjoy working with my clients to make their dreams come true **insuring that the transactions don't fall apart, and that there are no unpleasant surprises.**

It is my belief that while real estate is a major financial transaction that requires technical expertise to insure no one is taken advantage of, and that everything moves the way it is supposed to, at the end of the day **we are talking about peoples' lives.** Real estate is expensive, and until the deal is done families very often can't move on with their lives.

**"This business is about changing lives and I love helping people achieve their dreams, that, is why I do what I do."**

**SAFE-NH hopes that you will contact Chris to help get you on the path to your dreams!**

**Please do business with our SAFE-NH Business Sponsors!**

**They help us to help others...**

**Please let them know that you saw their announcement here or on our websites so that they continue to see that supporting SAFE's work IS good for their business!**

**Thank you to our business sponsors and to their customers!**

***Free Spirit Grafx* in our Sponsor Spotlight!**

***Check out Artist/Graphic Designer,***

***Pam Brownell's unique, interesting designs!***

***<http://www.cafepress.com/freespiritgrafx>***

**Thanks Pam, for supporting SAFE-NH**

---

# SAFE-NH *Sponsor Spotlight!*

**SAFE-NH is pleased to feature our 1st business sponsor!**

[Free Spirit Grafx](http://www.cafepress.com/freespiritgrafx) is an exciting new shop at Cafepress.

[www.cafepress.com/freespiritgrafx](http://www.cafepress.com/freespiritgrafx)

The shop is operated by Artist/Graphic Designer Pam Brownell.

**Free Spirit Grafx**  
 Step Out of the ordinary into the Extraordinary!  
[www.cafepress.com/freespiritgrafx](http://www.cafepress.com/freespiritgrafx)

Free Spirit Grafx features Pam's abstract designs on many products such as t-shirts and sweatshirts for the whole family from toddler sizes to 4x adult sizes.

They also carry; postage, greeting cards, post cards, framed prints, posters, mouse pads, mugs, steins, stickers, magnets, house- wares and more.

Pam's art work has been shown and sold in businesses and galleries throughout New Hampshire and Massachusetts. Pam has been drawing abstract designs since she can remember. She works primarily in Pen & Ink and draws exclusively by hand.

Her work is then scanned into the computer and uploaded for sale on the items mentioned above.

Pam started drawing many years ago as a way to express her feelings. Her designs back then, were contained within a circle on the paper. Since then she has gone beyond the circle and her designs include beautiful florals, geometric designs, animals, reptiles, gothic and horror. You will hardly ever see Pam with out her drawing pad and pen in hand.

[Free Spirit Grafx](http://www.cafepress.com/freespiritgrafx) is very pleased to be able to sponsor a worthy cause such as [SAFE-NH](#).

Pam will be donating framed prints to be auctioned off on EBay in the coming months for SAFE-NH. All the proceeds from the auctions will go directly to SAFE-NH to help sustain efforts to support victims of abuse.

So watch the SAFE Newsletter for more information on the up coming auctions and get in on the bidding. You could be the proud owner of a piece of Pam's unique art, while supporting SAFE-NH.

Please join us in supporting our sponsor and visit [Free Spirit Grafx](http://www.cafepress.com/freespiritgrafx) today!

Thank you to Pam Brownell for being part of the SAFE Team and for "Taking a Stand Against Violence" and helping to "Stop Abuse For Everyone"!

People like Pam help us to sustain our mission every day!

Without the support of our SAFE-NH Sponsors we could not effectively make the difference that we do in the lives of many! Thanks Pam...YOU make our day!

## SAFE Chapter News !

The Illinois Chapter of Stop Abuse For Everyone can be reached at:

44 N. Virginia St., Suite 1A2

Crystal Lake, IL 60014

**(815)455-7233 available 24/7 as crisis line.**

Victim Advocacy, support groups and Batterer Intervention Programs.

Their services are available to everyone! (men/women/straight/gay/lesbian & transgendered)



**SAFE-Illinois**



**Stop Abuse for Everyone**



**Our name IS our mission!**

**Take a stand against violence !**

**Join your voice with ours...**

**Would you like to advertise in our new monthly newsletters?**

**Would you like to help us fulfill our mission while getting exposure for your business or organization?**

**E-mail [lee@safe4all.org](mailto:lee@safe4all.org) to find out more about this.**

**If you help SAFE with a donation or otherwise help to financially support our organization you will also be featured on our websites, in our press releases and you will have a spotlight feature in our monthly newsletter.**

**This will include links on our websites to help drive more traffic to your door!**

**Do you own or manage a restaurant?**

**Would you like to increase your customer base?**

**Contact [lee@safe4all.org](mailto:lee@safe4all.org)**

**and ask about how you can help support our mission while increasing your business!**

***Stop Abuse For Everyone***

**PO Box 951**

**Tualatin, OR 97062**

**Phone: 319-441-1010 (not a Crisis Line)**

**Fax: 319-937-0096**

**Email: [safe@safe4all.org](mailto:safe@safe4all.org)**

**Contact our Executive Director, Lee Newman, directly if you want to help support our important mission!**

**SAFE International direct line to Lee: 319-522-4817**

**Or contact him at SAFE-NH:**

**PO Box 523**

**Rochester, NH 03867**

**[lee@safe4all.org](mailto:lee@safe4all.org)**

**603-859-0859 (Business & Crisis Line)**

**We are a 501(c)3 non-profit organization**