



Stop Abuse for Everyone, Our name IS our mission! **SAFE International NEWS**

News that “Makes a Difference”!

Editors: Rico Arico, Lee Newman

Executive Director’s “Perspective”

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It's an exciting time for all of us at SAFE because many more allies are joining with us from all walks of life to help "Stop Abuse For Everyone"!

Welcome to all of our new members and thanks to our sponsors for joining our important work. We are grateful for your support and encouraged by the many more voices that are joining us to say that abuse is not restricted to one gender, lifestyle, economic status or one educational background.

The issues surrounding family violence, partner abuse, stalking and bullying effect all of us and our communities, therefore if we "Take a Stand Against Violence" together, we can accomplish our mission and insure that no voice goes unheard, that no abuse goes unrecognized!

Please be assured that you are among others who like you believe in true justice and support for all of our family, friends and neighbors .

Welcome to our family!

I am a collector of quotes and many times they help to center me and give me direction as I feel that worthy quotes can sometimes be like "mentors" in our life's journey.

I would like to share some quotes with you from some of our past President's in honor of President's Day this season.

Please take their words and see how they may apply in your life, even though they may have been verbalized many hundreds of years ago or only a few decades before today.

I wish you all a wonderful Spring as we prepare to close the door on another Winter...

Take care and be SAFE !

Lee Newman

The influence of each human being on others in this life is a kind of immortality. -- John Quincy Adams

"Nearly all men can stand adversity, but if you want to test a man's character, give him power." – Abraham Lincoln

"There are risks and costs to a program of action, but they are far less than the long-range risks and costs of comfortable inaction." – John F. Kennedy

Please take a moment to help us win a competition!

A Special Message to Anyone who wants to help us , "Stop Abuse For EVERYONE"!

To Our Friends and Supporters:

We have a great opportunity to win two awards totaling \$105,000 for SAFE-NH, but it will require everyone's help for the next thirty days. We are enlisting your support in an exciting awards program presented by ReZoom.com, entitled: "A Better World". In total, ReZoom.com is awarding over \$200,000 to more than 20 charitable organizations.

Regional award winners will each receive a \$5,000, and then we will qualify to compete for the \$100,000 National Award!

\$5000 can keep our 24 hour crisis line available for a full year)

With everyone's help by taking a few sec-

donds each day this month, you can help make sure we are always available when needed. Your participation is easy!

With just a few clicks, you can help us create a better world.

Go to

http://www.rezoom.com/ABETTERWORLD/view-charity.php?char_id=1673

Bookmark the page

click on Register or Login to Vote.

You can cast a vote for us every day until March 31, 2007 (and please do)

Ask your friends to vote too! (Please)

March 31, 2007 (and please do)

Ask your friends to vote too! (Please)

With your help we have a great chance to win a regional award. If this happens, we will notify you

and let you know when the National period begins. (Then we will ask you to vote for us again) We can show the country just how active our supporters are!

Please forward this letter to your email lists of friends and family. Just think, for every 100 of you that send this message to 10 friends, who then send it to 10 friends - we will receive 10,000 votes...a day!! With your help - I know we can do it!

SAFE-NH has worked to make a difference for almost 5 years and has done so with no access to the funding that most domestic violence direct service providers receive. We have done this work with very few funds and those have come from people who believe in our mission. Will you please pass this along and simply cast your vote once a day during March to help Stop Abuse For Everyone with us? Thanks in advance for your anticipated help to carry on our work!

Take care,
Lee and the SAFE Team



Speaker's Corner

"People are unreasonable, illogical and self-centered. Love them anyway. If you do good, people will accuse you of selfish ulterior motives. Do good anyway. If you are successful, you will win false friends and true enemies. Succeed anyway. Honesty and frankness make you vulnerable. Be honest and frank anyway."

—Robert Schuller



Sheila Smith, LCSW

SAFE Speaker and Board member of SAFE International

Sheila D. Smith, LCSW is a 1985 graduate of Portland State University School of Social Work. Sheila is in private practice and has pro-

vided assessments for the chronically mentally ill and the corrections population. Sheila consults in a wide variety of cases for child welfare agencies, the courts, medical boards, county mental health agencies, and in the area of sex crimes and homicide cases, both privately and with law enforcement.

As an adjunct professor she has taught courses on criminal profiling, homicide and sex crimes, infanticide, juvenile violence and psychopathy. Ms. Smith is a member of The Academy of Behavioral Profiling, The Forensic Science Society and serves as a board

member of SAFE. -

"Sheila Smith is an expert at the 'Ah Ha' moments. Sheila allows each individual in an audience to see the most confounding problems with a clear eye and open heart. That instant of clarity makes you say, Ah Ha! Now...I understand!" - Anne Jaeger, KOIN TV -

Specialized Topics:

- * Human aggression
- * Gender differences in criminal behavior
- * Crime analysis

Article published Feb 25, 2007: Foster's Daily Democrat

Local man heading abuse prevention group

For years, Lee Newman has been pointing out what he sees as the bias against men in domestic violence incidents. The Strafford County resident knows all too well that men are almost always considered to be the perpetrators in such cases. But he also knows that men are sometimes the victims and feel helpless to change their situations. Newman was recently promoted from Director of SAFE (Stop Abuse For Everyone) NH to Director of SAFE International, a move that will secure him a salary, albeit small. It is a perk that was missing from his prior, all volunteer, appointment. "I probably make less per week than the average teenager at a fast-food restaurant," he says. Newman says he struggled for seven years with an abusive partner knowing that when it came to his word against hers, no one would believe him. In recent years, former New Durham State Rep. David Bickford (R) tried unsuccessfully to pass bills aimed at rectifying what he also sees as a system biased toward women. "I'm one of the few people that have even dared to mention that there's a problem," Bickford said during a phone interview. "The abuse laws are being abused."

Bickford agrees with Newman that there is a predisposition to think that only women are abused. He believes abused males are probably the most underreported group in society. Bickford says the NH Coalition Against Domestic and Sexual Violence, an umbrella organization for domestic and sexual violence groups, is more interested in helping women because it creates strong sentiments, which turn into more funding. "They say very few men come forward, but I'll tell you, they're not looking for them," Bickford adds.

Maureen McDonald, Public Relations Coordinator at the Coalition, is quick [JUMP] to point out their nondiscrimination policy. "I think it's doing a disservice to victims across the state to say we are biased," she says. She cites a recent, statewide public awareness campaign whose message was that anyone can be a victim. After the campaign, according to McDonald, the number of men using their services increased by 143 percent, totaling 56 victims.

Scott Hampton, Director of Ending the Violence, adds that without question, the Coalition is fair. He, like Newman, formerly served with the Coalition. He has been working with domestic violence issues for 15 years, dealing predominantly with the abusers now.

The Hotline for NH Coalition Against Domestic and Sexual Violence is (866) 644-3574.

Newman was appointed Executive Director of SAFE International last September. A press release by SAFE International stated, "Lee has done outstanding work these last four years, building up a crisis center from scratch, networking extensively throughout the state."

SAFE International, along with SAFE-NH offer victim support in the areas of advocacy, mentors, support groups, education and outreach, resource database, referrals and networking of services, peer support, program consulting, contract services with other agencies and parent/child social events. They also have programs in development, according to their website, including emergency shelter and transitional housing. SAFE stresses that their services are available for everyone suffering from domestic abuse regardless of race, age and sexual preference.

Newman and two co-workers, Deb Roy and Joanie Comeau, began an organization called VIP-NH, doing work in the domestic abuse prevention field, years ago, after becoming convinced that the prevailing domestic abuse organizations focused almost solely on women abused by men. It wasn't long before they realized they needed to be associated with a bigger entity and research lead to SAFE International, based in Oregon. The association provided instant 503c nonprofit status to the fledgling group, but didn't help them gain acceptance with the NH Coalition Against Domestic and Sexual Violence, who said men were welcome at anti-abuse organizations throughout the state, but didn't account for enough of a problem to warrant a separate organization. The Coalition noted there wasn't enough funding to go around.

Newman is married with two grown children. SAFE-NH's website is located at www.safe-nh.org. Their 24-hour hotline is (603) 859-0859. Newman notes that if he were getting paid or not, "I can't let the phone lines go dead."

The article featured Lee Newman, and discussed his work in New Hampshire, and his promotion to Executive Director of SAFE: <http://www.fosters.com/apps/pbcs.dll/article?>

SAFE Chapter News !

SAFE- New Hampshire

Are you a self-employed professional, are you an artist or other creative crafter?

Do you own or manage a business?

Would you like to make a difference and take a stand against violence with us?

Contact Lee at SAFE-NH to find out how.

Your donation stays with your local Chapter and if there isn't a Chapter in your area your donation will help our SAFE International's outreach efforts.



[SAFE-NH Contact info:](#)

SAFE-NH

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Phone: 603-859-0859

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E-mail: safenh@safe4all.org

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E-mail: lee@safe4all.org

Ex.Director # @ SAFE International
319-319-522-4817

SAFE-NH Business Sponsors

SAFE-NH Business Sponsor Christopher Bergeron



Christopher Bergeron
Coldwell Banker Grace
Drapeau

1 Windhaven Road
Rochester, NH
Direct Office/Cell: (888)
439-1415 (toll free)

Direct Voicemail/Fax: (888)
439-1416 (toll free)

Main Realty Office: (603)
335-4663

E-mail:

chris@christopherbergeron.com

Helping people to fulfill
their dreams is what I enjoy
most about my business!

Whether buying or selling,
real estate can be an emo-
tional experience, and a fi-

nancially dangerous one. I
focus on taking all of that
away, and leaving my clients
with a pleasant and enjoy-
able experience.

**SAFE-NH hopes that you
will contact Chris to help get
you on the path to your
dreams!**

**See more about Chris in
this months Safe-NH
Sponsor Spotlight.**

"This business is about
changing lives and I love
helping people achieve
their dreams, that, is why
I do what I do."
Christopher Bergeron

SAFE-NH Business Sponsor Free Spirit Grafx

[Free Spirit Grafx](#) is an excit-
ing new shop at Cafepress.
[www.cafepress.com/
freespiritgrafx](http://www.cafepress.com/freespiritgrafx)

The shop is operated by Art-
ist/Graphic Designer Pam
Brownell.

Free Spirit Grafx features Pam's
abstract designs on many prod-
ucts such as t-shirts and sweat-
shirts for the whole family from
toddler sizes to 4x adult sizes.

They also carry; postage, greet-
ing cards, post cards, framed
prints, posters, mouse pads,
mugs, steins, stickers, magnets,
house- wares and more.

Pam's art work has been shown
and sold in businesses and gal-
eries throughout New Hamp-
shire and Massachusetts. Pam
has been drawing abstract de-
signs since she can remember.
She works primarily in Pen &
Ink and draws exclusively by

hand.

Her work is then scanned into
the computer and uploaded for
sale on the items mentioned
above.

**Please join us in support-
ing our sponsor and visit
[Free Spirit Grafx](#) today!**



**"Step Beyond the
Ordinary into the
Extraordinary"
Free Spirit Grafx**

SAFE-NH *Sponsor Spotlight!*



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This Business is about Changing Lives

Serving Clients throughout New Hampshire with a focus on The Lakes and Seacoast Regions.

Buying or Selling if You've Got a Real Estate Question; Ask Bergeron!

"This Business is About Changing Lives"

Helping people, taking the load and the pressure away from my clients is my primary focus.

Whether buying or selling, real estate can be an emotional experience, and a financially dangerous one. I focus on taking all of that away, and leaving my clients with a pleasant and enjoyable experience.

Helping buyers find and move into their dream home, helping sellers move on to their new home. I enjoy working with my clients to make their dreams come true ensuring that the transactions don't fall apart, and that there are no surprises.

It is my belief that while real estate is a major financial transaction that requires technical expertise to ensure no one is taken advantage of and that everything moves the way it is supposed to, at the end of the day we are talking about peoples' lives. Real estate is expensive, and until the deal is done families very often can't move on with their lives.

This business is about changing lives. And I love helping people achieve their dreams.

And that is why I do what I do.

Got a Real Estate Question? [ASK BERGERON](#)

Please join us in supporting our sponsor and visit [Chris Bergeron's](#) web site today!

Thank you to Chris Bergeron for being part of the SAFE Team and for "Taking a Stand Against Violence" and helping to "Stop Abuse For Everyone"!

People like Chris help us to sustain our mission every day!

Without the support of our SAFE-NH Sponsors we could not effectively make the difference that we do in the lives of many! Thanks Chris...YOU make our day!

Please do business with our SAFE-NH Business Sponsors!

They help us to help others...

Please let them know that you saw their announcement here or on our websites so that they continue to see that supporting SAFE's work IS good for their business!

Make a Donation

Donate to SAFE. You CAN help *Stop Abuse For Everyone !*

It's really easy to make a contribution, and it will make a huge difference for families impacted by domestic abuse. You can make your contribution online, using your credit card, <http://www.safe4all.org/difference> or you can send a check to: Stop

**Abuse For Everyone
PO Box 951 Tualatin,
OR 97062**

Your donation to SAFE International helps sustain our efforts to reach out to ALL who are impacted by domestic abuse and helps to continue our education and resource initiatives.

You may also choose to donate to a chapter of SAFE in your State or region of the Coun-

try. If there is no Chapter of SAFE in your area, you may want to find out how you can help get one started with our assistance.

Visit the SAFE website or contact SAFE International for more information.

Thank you!



**Donate to SAFE.
You CAN help
*Stop Abuse For
Everyone !***

SAFE-Illinois

The Illinois Chapter of Stop Abuse For Everyone can be reached at:

**44 N. Virginia St., Suite 1A2
Crystal Lake, IL 60014
(815)455-7233 available 24/7 as crisis line.**

Victim Advocacy, support groups and Batterer Intervention Programs.

Their services are available to everyone! (men/ women/straight/gay/lesbian & transgendered)



SAFE-Illinois





Stop Abuse for Everyone, Our name IS our mission!
SAFE International NEWS



Take a stand against violence !

Join your voice with ours...

Would you like to advertise in our new monthly newsletters?

Would you like to help us fulfill our mission while getting exposure for your business or organization?

E-mail lee@safe4all.org to find out more about this.

If you help SAFE with a donation or otherwise help to financially support our organization you will also be featured on our websites, in our press releases and you will have a spotlight feature in our monthly newsletter.

This will include links on our websites to help drive more traffic to your door!

Do you own or manage a restaurant?

Would you like to increase your customer base?

Contact lee@safe4all.org

and ask about how you can help support our mission while increasing your business!

Stop Abuse For Everyone

PO Box 951

Tualatin, OR 97062

Phone: 319-441-1010 (not a Crisis Line)

Fax: 319-937-0096

Email: safe@safe4all.org

Contact our Executive Director, Lee Newman, directly if you want to help support our important mission!

SAFE International direct line to Lee: 319-522-4817

Or contact him at SAFE-NH:

PO Box 523

Rochester, NH 03867

lee@safe4all.org

603-859-0859 (Business & Crisis Line)

We are a 501(c)3 non-profit organization