**On the Day of the Jog-a-thon…and Beyond**

A Free Athletic Wear Dress Day + Jog-a-thon T-shirt!!

* **Make sure your child is on-time by 8:10 a.m.** to hand-in pledge sheet to volunteers, to receive T-shirt (if pre-ordered) and running number.
* The **yellow pledge sheet** is needed for volunteers to fill-in the laps each student runs.
* The **pledge sheet** will be sent home with your child again within 2 days (inside their backpack) to collect outstanding pledges.
* The **deadline** to turn in the collected pledge money & pledge sheet to qualify for prizes is: **February 15, 2013 by 5 p.m.** Please make checks payable to GICS & drop your envelope into the **“Fundraising Mailbox”** located in the Goethe main office or at the annex office.

Running Schedule by Grade

|  |  |
| --- | --- |
| 8:30 - 9:00 a.m. | Kindergartners |
| 9:10 – 9:40 a.m. | 1st Graders |
| 10:30 – 11:00 a.m. | 2nd Graders |
| 11:10 – 11:40 a.m. | 3rd Graders |
| 12:20 – 12:50 p.m. | 4th and 5th Graders |
|  |  |
|  |  |

Common Questions

* Will there be water available?
* *Every child is to bring their own water bottle. It can be filled before & during the event.*
* *Orange slices will be available to each student during the Jog-a-thon.*
* Can parents come?

*- Parents, family and friends are encouraged to come cheer-on the children!*

* How long and how many laps?
* *Jog/Run/Walk time is approximately 30 minutes at an average of 15-20 laps.*
* *There are approximately 10 laps per mile.*
* What to wear?

*- Comfortable clothing: shorts, T-shirts, running shoes, sunblock and hats.*

*Tally cards will be attached to each child’s back with safety pins.*

Volunteering Opportunities?

We need 10-15 volunteers for each running session and help planning the final details.

Leslie Dennis-Rigney – [Lesliesings@earthlink.net](mailto:Lesliesings@earthlink.net) Eve Buchmann - [evelyn.buchmann@gmail.com](mailto:evelyn.buchmann@gmail.com)

