



February 22, 2011

To Whom It May Concern:

The Exercise Science Laboratory of the College of Human Kinetics, University of the Philippines – Diliman cordially invites your institution to the “Student Research Symposium in Sports and Exercise” on the 18th of March to be held at the National College of Public Administration and Governance. The symposium brings together students and professors from the College of Human Kinetics and other institutional partners to exchange information and present their own studies. This is the first time that the college will conduct an event that will showcase most of the research done by students. The event is in coordination with the National Institute of Physics, Philippine Association for Sport and Exercise Sciences and the Chronojump-Boscosystem Project. Dr. Helen Fojas and Custer Deocaris, PhD will be the keynote speakers of the event. Dr. Helen Fojas is a DOST balik scientist and is considered to be one of the top metabolic syndrome researchers in the world today. She is also the inventor of a technology that can detect cardiovascular risk using pulse wave velocity mechanics. On the other hand, Custer Deocaris, PhD is also a former DOST balik scientist specializing in the molecular science of physical activity. Poster presentations, sponsor and open technology booths will also be available in the venue.

The symposium schedule as of 2/22/2011 is:

Time	Topic
800-815	National Anthem Opening Remarks: TBA
815-900	Helen Fojas
900-915	Sponsor 1
915-925	Comparison of Dominant and Non-Dominant Leg Power
925-935	TBA
935-945	Relationship of Body Composition and Vertical Jump
945-955	Comparison of Grab Start and Track Start Dives
955-1005	TBA
1005-1020	Sponsor 2: Gatorade Research Presentation (Tentative)
1020-1030	Reserved for UST
1030-1040	Reserved for UST
1040-1100	Reserved for UST
1100-1110	TBA
1110-1120	Effect of a Single Set Deadlift on Countermovement Jump
1120-1130	TBA
1130-1140	Reserved for SS 110
1140-1230	Lunch Break
1230-100	Poster Presentation
100-115	Sponsor 3

115-125	Jump Shot Techniques and Leg Power
125-135	Knee Angle and Vertical Jump Height
135-145	Standing Long Jump and Athletic Ability
145-155	Comparison of Countermovement Jump Actions on Vertical Jump
155-205	Reserved for UST
205-215	Reserved for UST
215-225	Exercise Motivation of UP Employees Differing Gender and Exercise Behavior
225-235	Acute Effects of Static and Dynamic Stretching on Leg Power fo Female Basketball Athletes
235-250	Sponsor 4
250-300	Test-Retest Reliability of One-Legged Countermovement Jump on Various Contact Platforms
300-310	Effect of Single Set Bench Press on Upper Body Power
310-320	Reserved for National Institute of Physics
320-330	Reserved for National Institute of Physics
330-340	Reserved for National Institute of Physics
340-350	TBA
350-400	TBA
400-435	Custer Deocaris
435-450	Closing Remarks: TBA

Registration will start at 7am with the fee 100 pesos for students and 200 pesos for professionals. Inclusive of the fee are sponsor kits and a PDF symposium certificate. For further inquiries/reservations, please do not hesitate to reach us through 09158822627/09178061040 or email us at eslupdchk@gmail.com for the presentation guidelines.

Respectfully,



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Sports Science Department Chaiperson



Jeffrey C. Pagaduan, MSc(cand.), CSCS
Organizer

