



FAMILY EDUCATION

Teen Communication and Cooperation

Supporting the many faces of mental wellness

Does it seem that your teen is often not listening to you? Does he or she frequently seem to misunderstand or misinterpret what you're saying?

Many teens would rather talk over their problems with their friends than with their parents. Would you like to have them come to you with their issues and problems?

The Active Parenting for Teens™ program shows how a teen who learns to work cooperatively with others in solving problems has a far greater chance of success than does a teen who stands alone.

We invite you to join us for a parent discussion group for which the topic is problem-solving techniques and communication blocks. We will focus on five steps of active communication.

This entertaining and informative program uses video activities and discussion to show you ways to raise responsible, cooperative children.

Who Should Attend?

Parents of pre-teens and teens

***Classes are free!
Refreshments provided
Registration required***

Class Schedule:

Wednesday
July 17, 2013
12:30 pm to 2:30 pm

Will be held at:

Mental Health Association Family Support Services
320 North Goodman Street, Suite 202
Rochester, NY 14607

For more information

and to register, call:
(585) 325-3145, ext.137



MENTAL HEALTH ASSOCIATION

FIND WELLNESS.