

yajurupākarma

1 āvaṇi aviṭṭam

01/08/2012

1.1 snānam

1.2 prātasandhyāvandanam

1.3 kevalam brahmacāriṇe (only for brahmacāris)

samidādhānam

vapanam (hair-cutting)

snānam

yajñopavīṭadhāraṇam

See 1.9

1.4 kāmamanyujapaḥ

(Not for first-time avani avittam)

Do ācamanam

pavitram dhṛtvā | darbheṣvāsīnaḥ | darbhān dhārayamāṇaḥ |

(Put on pavitram and sit on darbha)

om śuklāmbāradharam viṣṇuṁ śaśivarṇam caturbhujam

prasannavadanam dhyāyet sarvavighnopaśśāntaye |

om bhūḥ om bhuvaḥ om suvaḥ om mahaḥ om janaḥ om tapaḥ

om satyam om tatsaviturvareṇyam bhargo devasya dhīmahi

dhiyo yo naḥ pracodayāt | omāpo jyotīraso'mṛtaṁ brahma

bhūrbhuvassuvarom |

om mamopātta-samasta-durita-kṣayadvārā śrī-parameśvara-

prītyarttham | tadeva lagnaṁ sudinaṁ tadeva | tārābalaṁ

candrabalaṁ tadeva | vidyābalaṁ daivabalaṁ tadeva | śrī

lakṣmīpateḥ aṅghriyugaṁ smarāmi | apavitraḥ pavitro vā

sarvāvasthān gato'pi vā yaḥ smaret puṇḍarikākṣam sa

bāhyābhantaraḥ śuciḥ | mānasam vācikaṁ pāpam karmaṇā

samupārjitaṁ śrīrāmasmaraṇenaiva vyapohati na samśayaḥ |

śrī rāma rāma rāma tithirviṣṇuḥ | tathā vāraḥ | nakṣatraṁ

viṣṇureva ca | yogaśca karaṇam caiva | sarvam viṣṇumayam

jagat | śrī govinda govinda govinda | adya śrī bhagavataḥ

yajurupākarma

mahā puruṣasya viṣṇorājñāyā pravartamānasya adya
brahmaṇaḥ dvitiya-parārdhe śvetavarāha-kalpe vaivasvata-
manvantare aṣṭāvimśatitame kaliyuge prathame pāde
*jambūdvīpe bhāratavarṣe bhāratākhaṇḍe meroḥ dakṣiṇe pārsve*¹
śakābde asmin vartamāne vyāvahārike prabhavādi ṣaṣṭi-
samvatsarāṇām maddhye **nandana** nāma samvatsare
dakṣiṇāyane varṣartau² śrāvaṇamāse śuklapakṣe adya
paurṇamāsyām śubhatithau **saumyavāsara**-yuktāyām
uttarāṣāḍha-nakṣatra-yuktāyām śubhayoga śubhakarāṇa
evaṁ guṇa-viśeṣaṇa-viśiṣṭāyām asyām paurṇamāsyām
śubhatithau taiṣyām paurṇamāsyām addhyāyotsarjana
akaraṇa prāyaścittārttham aṣṭottara sahasrasamkhyayā
kāmakārṣin-manyurakārṣin-mahāmantrajapaṁ kariṣye |
darbhān nirasya | apa upaspr̥śya | (*Throw darbha away and touch*
water.)

om bhūḥ... | (10)

kāmokarṣit | manyurakārṣit | (1008)

om bhūḥ... | (1)

1 Priests in other countries are known to substitute the names of local geographical details. We do not have these details. There is another school of thought which holds that jambūdvīpa denotes the entire inhabited planet.

2 In Southern Hemisphere, use “śiśirartau”

kāmokaṛṣiṇmanyurakāṛṣīdupasthānaṃ kariṣye|

abhivādaye...|

om tat sad brahmārpaṇamastu|

pavitraṃ viṣṭjya (*Throw pavitram away.*)

1.5 mādhyāhnikam

1.6 brahmayajñah

Do ācamanam

om śuklāmbaṛadharaṃ ...

om bhūḥ ...

om mamopātta-samasta-durita-kṣayadvārā śrī-parameśvara-
prītyartthaṃ brahmayajñaṃ kariṣye| brahmayajñena yakṣye|
vidyudasi vidya me pāpmānam ṛtāt satyamupaimi|om|

(Touch water and wipe the hand.)

om bhūḥ tatsaviturvareṇyam| om bhuvaḥ bhargo devasya

dhīmahi| oṃ suvaḥ dhiyo yo naḥ pracodayāt| om bhūḥ

tatsaviturvareṇyaṃ bhargo devasya dhīmahi| om bhuvaḥ

dhiyo yo naḥ pracodayāt| oṃ suvaḥ tatsaviturvareṇyaṃ

bhargo devasya dhīmahi dhiyo yo naḥ pracodayāt|

om agnimīle purohitaṃ yajñasya devamṛtviḥ hotāraṃ

ratnadhātamaṃ|

om iṣe tvā ūrje tvā vāyavastha upāyavastha devo vaḥ savitā
prārpayatu śreṣṭhatamāya karmaṇe|

om agna āyāhi vītaye gr̥ṇāno havya dātaye nihotāsatsibarhiṣi|

om śannodevīrabhiṣṭāye āpo bhavantu pītaye

śaṃyorabhisravantu naḥ| (*Take water and sprinkle around the head.*)

satyaṃ tapaḥ śraddhāyāṃ juhomi|

om namo brahmaṇe namo'stvagnaye namaḥ pṛthivyai nama
oṣadhībhyaḥ namo vāce namo vācaspataye namo viṣṇave
bṛhate karomi| (*3 times*)

vṛṣṭirasi vṛśca me pāpmānam ṛtāt satyamupāgām| (*Touch water*)

devarṣipitr-tarpaṇam

Whose father is alive:

devarṣi-tarpaṇam kariṣye|

Whose father is dead:

devarṣipitr-tarpaṇam kariṣye|

deva-tarpaṇam

(yajñopavīta in the normal way, once each, with water flowing over the tips of the fingers.)

1. brahmādayo ye devāḥ tān devāṃstarpayāmi|

2. sarvān devāṁṣṭarpayāmi |
3. sarvadevagaṇāṁṣṭarpayāmi |
4. sarvadevapatnīstarpayāmi |
5. sarvadevagaṇapatnīstarpayāmi |

ṛṣi-tarṇam

(yajñopavīta as mālā, twice each, palms should be held against each other, and water should flow between the palms through the middle.)

1. kṛṣṇadvaipāyanādayaḥ ye ṛṣayaḥ tān ṛṣiṁṣṭarpayāmi |
2. sarvān ṛṣiṁṣṭarpayāmi |
3. sarvarṣigaṇāṁṣṭarpayāmi |
4. sarvarṣipatnīstarpayāmi |
5. sarvarṣigaṇapatnīstarpayāmi |
6. prajāpatiṁ kāṇḍarṣiṁ tarpayāmi |
7. somaṁ kāṇḍarṣiṁ tarpayāmi |
8. agniṁ kāṇḍarṣiṁ tarpayāmi |
9. viśvān devān kāṇḍarṣiṁṣṭarpayāmi |
10. sāmhitīrdevatā upaniṣadastarpayāmi |
11. yājñikīrdevatā upaniṣadastarpayāmi |
12. vāruṇīrdevatā upaniṣadastarpayāmi |
13. havyavāhaṁ tarpayāmi |
14. viśvān devān kāṇḍarṣiṁṣṭarpayāmi |
15. brahmāṇaṁsvayambhvaṁ tarpayāmi | *(Raise the right*

hand with fingers pointed upwards. Water should flow down the left side of right palm.)

16. viśvān devān kāṇḍarṣīm̐starpayāmi
17. aruṇān kāṇḍarṣīm̐starpayāmi
18. sadasaspatiṁ tarpayāmi

For the remaining water should flow from the tip of the fingers.

19. ṛgvedaṁ tarpayāmi
20. yajurvedaṁ tarpayāmi
21. sāmavedaṁ tarpayāmi
22. atharvavedaṁ tarpayāmi
23. itihāsapurāṇaṁ tarpayāmi
24. kalpaṁ tarpayāmi

(Those with fathers should put yajñopavīta normally and do ācamanam and proceed to mahāsankalpaḥ.)

pitṛ-tarpaṇam

1. somaḥ pitṛmān yamoṁgirasān agnikavyavāhanādayaḥ
ye pitarah tān pitṛm̐starpayāmi
2. sarvān pitṛm̐starpayāmi
3. sarvapitṛgaṇām̐starpayāmi
4. sarvapitṛpatnīstarpayāmi

5. sarvapitr̥gaṇapatnīstarpayāmi |
6. ūrjāṁ vahantī amṛtaṁ ghṛtaṁ payaḥ kilālaṁ
parisrutaṁ svathāstha tarpayata me devar̥ṣipitṛṇ
ṛpyata ṛpyata ṛpyata |

(Put *yajñopavīta* normally and do *ācamanam*.)

1.7 mahāsaṁkalpaḥ

Do ācamanam

om śuklāambaradharaṁ ...

om bhūḥ ...

om mamopātta-samasta-durita-kṣayadvārā śrī-parameśvara-
prītyartthaṁ | tadeva lagnaṁ sudinaṁ tadeva | tārābalaṁ
candrabalaṁ tadeva | vidyābalaṁ daivabalaṁ tadeva | śrī
lakṣmīpateḥ aṅghriyugaṁ smarāmi | apavitraḥ pavitro vā
sarvāvasthāṁ gato'pi vā yaḥ smaret puṇḍarīkākṣaṁ sa
bāhyābhantaraḥ śuciḥ | mānaśaṁ vācikaṁ pāpaṁ karmaṇā
samupārjitaṁ śrīrāmasmaraṇenaiva vyapohati na saṁśayaḥ |
śrī rāma rāma rāma tithirviṣṇuḥ | tathā vāraḥ | nakṣatraṁ
viṣṇureva ca | yogaśca karaṇaṁ caiva | sarvaṁ viṣṇumayaṁ
jagat | śrī govinda govinda govinda | adya śrī bhagavataḥ
ādiviṣṇoḥ ādinārāyaṇasya acintyayā aparimitayā śaktyā
bhriyamāṇasya mahā jalaughasya maddhye paribhramatām

anekakoṭi brahmāṇḍānām maddhye ekatame
 pṛthivyaptejavāyuvākāsāhankārādi
 mahadavyaktairāvaraṇairāvṛte'smin mahati brahmāṇḍa-
 karaṇḍa- maddhye ādhāra śakti kūrmānandādi
 aṣṭadiggajopari pratiṣṭhitasya atala- vitala- sutala- rasātala-
 talātala- mahātala- pātālākhyā lokasaptakasya uparitale
 puṇyakṛtām nivāsabhute
 bhūrbhuvassuvarmaharjanastapassatyākhyā lokaṣaṭkasya
 adho bhāge mahānālāyamāna phaṇirājaśeṣasya sahasra
 phaṇamaṇimaṇḍalamaṇḍite digdantī śuṇḍādaṇḍottambhite
 pañcaṣaṭkoṭīyojanavistīrṇe lokāloka acalena valayite
 lavaṇekṣu-surā-sarpi-dadhi-kṣīrodakārṇavaiśca parivṛte
 jambu- plakṣa- śāka- śālmali- kuśa- krauñca- puṣkarākhyā-
 saptadvīpānām maddhye *jambūdvīpe bhāratavarṣe*
bharatakhāṇḍe prajāpatikṣetre daṇḍakāraṇya- caṃpakāraṇya-
vindhyaṛaṇya- vīkṣāraṇya- vedāraṇyādi- aneka puṇyāraṇyānām
maddhyapradeśe rāmasetukedāryoh maddhyapradeśe bhāgīrathī-
gautamī- kṛṣṇavenī- yamunā- narmadā- tuṅgabhadrā- trivenī-
malāpahāriṇi- kāverī ityādi aneka puṇya-nadī-virājite indraprastha
yamapastha āvantikāpurī hastināpurī ayoddhyāpurī māyāpurī
*kāśīpurī kāñcīpurī dvārakādi aneka- puṇya- purī-virājite*³ sakala-

3 Different readings for the portion in italics are found in various sources.

jagat- sraṣṭuḥ parārdhadvaya- jīvinaḥ brahmaṇaḥ
 prathamaparārdhe pañcāsadbātmake atīte
 dvitīyaparārdhe pañcāsadbādāu prathame samvatsare
 prathame māse prathame pakṣe prathame divase
 prathame'hni dvitīye yāme tṛtīye muhūrte svāyambhuva-
 svāroṣica- uttama- tāmasa- raivata- cākṣuṣākhyeṣu ṣaṣṭsu
 manusu vyatīteṣu saptame vaivasvatamanvantare
 aṣṭāvīmśatitame kṛta-treta-dvāpara-kaliyugātmake caturyuge
 tatra kaliyuge saura-cāndra-sāvana-nākṣatra-mānaiḥ anumite
 prabhavādīnām ṣaṣṭisamvatsarāṇām maddhye **nandana**
 nāma samvatsare **dakṣiṇāyane varṣartau** śrāvaṇamāse
 śuklapakṣe adya paurṇamāsyām śubhatithau **saumyavāsara-**
 yuktāyām **uttarāśādhā**-nakṣatra-yuktāyām śubhayoga
 śubhakarāṇa evaṁ guṇa-viśeṣaṇa-viśiṣṭāyām asyām
 paurṇamāsyām anādyavidyāvāsanayā pravartamāne asmin
 mahati saṁsāracakre vicitrābhiḥ karmagatibhiḥ vicitrāsu
 paśu-pakṣi-mṛgādi-yoniṣu anekadhā punaḥ punaḥ janitvā
 kenāpi puṇyakarma- viśeṣeṇa idānīmtana mānuṣye
 dvijanmaviśeṣaṁ prāptavato mama janmābhyāsāt
 janmaprabhṛti etat kṣaṇaparyantaṁ bālye vayasi kaumāre
 yauvane vārdhdhake ca jāgrat- svapna- susupti- avasthāsu

it needs some consideration of which country you do the japa.

mano- vāk- kāya- karmendriya- jñānendriya- vyāpāraiḥ kāma-
krodha- lobha- moha- mada- mātsaryādibhiḥ sambhāvitānām
samapātakānām atipātakānām upapātakānām
saṅkarīkaraṇānām malinīkaraṇānām apātrīkaraṇānām
jātibhramśakaraṇānām prakīrṇakānām jñānataḥ sakṛtkṛtānām
ajñānataḥ asakṛtkṛtānām jñānato'jñānataśca abhyastānām
nirantarābhyastānām cirakālābhyastānām navānām
navavidhānām bahūnām bahuvidhānām sarveṣāṃ pāpānām
sadyaḥ apanodanārttham aśvatthanārāyaṇa- sannidhau deva-
brāhmaṇa- sannidhau trayastrimśatkoṭi- devatā- sannidhau
sītā- lakṣmaṇa- bhārata- śatruḡha- hanūmat- sameta śrī
rāmacandra- svāmi- sannidhau śrī rukmiṇi- satyabhāmā-
sameta śrī gopālakṛṣṇa- svāmi- sannidhau śrī hariharaputra-
svāmi- sannidhau śrī lakṣmīnārāyaṇasvāmi- sannidhau
śrāvaṇyām paurṇamāsyām addhyāyopākarma kariṣye |
tadaṅgam śrāvaṇi paurṇamāsi puṇyakāle snānaṃ kariṣye |
atikrūra mahākāya kalpaṃdahanopama bhairavāya
namastubhyam | anujñāṃ dātumarhasi |

1.8 snānam

1.9 yajñopavīṭadhāraṇam

Do ācamanam

om śuklāambaradharaṁ viṣṇuṁ śaśivarṇaṁ caturbhujam

prasannavadanaṁ dhyāyet sarvavighnopaśśāntaye|

om bhūḥ om bhuvaḥ om suvaḥ om mahaḥ om janaḥ om tapaḥ

om̐ satyaṁ om tatsaviturvareṇyaṁ bhargo devasya dhīmahi

dhiyo yo naḥ pracodayāt| omāpo jyotīraso'mṛtaṁ brahma

bhūrbhuvassuvarom|

om mamopāṭṭa-samasta-durita-kṣayadvārā śrī-parameśvara-

prītyartthaṁ śrauta-smārta-vihita-sadācāra-nitya-

karmānuṣṭhāna-yogyatā-siddhyartthaṁ

brahmatejobhivṛddhyartthaṁ yajñopavīṭadhāraṇaṁ kariṣye|

yajñopavīṭamityasya mantrasya parabrahmarṣiḥ|

triṣṭupcchandaḥ| paramātmā devatā| yajñopavīṭadhāraṇe

viniyogaḥ|

yajñopavīṭaṁ paramaṁ pavitraṁ prajāpateḥ yat sahajam

purastād āyuṣyam agriyaṁ pratimuñcaśubhram yajñopavīṭaṁ

balamastutejaḥ| (*ācamya upavīṭam| Put on the new yajñopavīṭa*

yajurupākarma

and do ācamanam)

bhinnatantuṁ jīṛṇaṁ kaśmaladūṣitaṁ viṣṛjyāmi jale
brahmavarco dīrghāyurastu me! (*jīṛṇaṁ viṣṛjya ācamya* | *Throw
the old yajñopavīta and do ācamanam*)

1.10 kāṇḍarṣi-tarpaṇam

Do ācamanam

om śuklāmbaradharaṁ ...

om bhūḥ ...

om mamopātta-samasta-durita-kṣayadvārā śrī-parameśvara-
prītyartthaṁ śrāvaṇyāṁ paurṇamāsyāṁ addhyāyopākarmaṇi
kāṇḍarṣitarpaṇaṁ kariṣye |

(yajñopavīta as mala, 3 times with gingelly and akṣata.)

prajāpatiṁ kāṇḍarṣiṁ tarpayāmi |

somaṁ kāṇḍarṣiṁ tarpayāmi |

agniṁ kāṇḍarṣiṁ tarpayāmi |

viśvān devān kāṇḍarṣiṁ tarpayāmi |

sāṁhitīrdevatā upaniṣadastarpayāmi |

yājñikīrdevatā upaniṣadastarpayāmi |

vāruṇīrdevatā upaniṣadastarpayāmi |

brahmāṇaṁsvayaṁbhuvaṁ tarpayāmi |

sadasaspatim tarpayāmi |

Do ācamanam

1.11 homaḥ

1.12 vedārambhaḥ

2 gāyatrī-japaḥ

02/08/2012

Do ācamanam

pavitram dhṛtvā | darbheṣvāsīnaḥ | darbhān dhārayamāṇaḥ |

(Put on pavitram and sit on darbha)

om śuklāmbaradharam viṣṇum śaśivarṇam caturbhujam

prasannavadanam dhyāyet sarvavighnopaśśāntaye |

om bhūḥ om bhuvaḥ om suvaḥ om mahaḥ om janaḥ om tapaḥ

om satyam om tatsaviturvareṇyam bhargo devasya dhīmahi

dhiyo yo naḥ pracodayāt | omāpo jyotīraso'mṛtaṁ brahma

bhūrbhuvassuvarom |

om mamopātta-samasta-durita-kṣayadvārā śrī-parameśvara-

prītyarttham | tadeva lagnam sudinam tadeva | tārābalaṁ

candrabalaṁ tadeva | vidyābalaṁ daivabalaṁ tadeva | śrī

lakṣmīpateḥ aṅghriyugaṁ smarāmi | apavitraḥ pavitro vā
 sarvāvasthām gato'pi vā yaḥ smaret puṇḍarikākṣam sa
 bāhyābhantaraḥ śuciḥ | mānasam vācikaṁ pāpam karmaṇā
 samupārjitaṁ śrīrāmasmaraṇenaiva vyapohati na saṁśayaḥ |
 śrī rāma rāma rāma tithirviṣṇuḥ | tathā vāraḥ | nakṣatraṁ
 viṣṇureva ca | yogaśca karaṇam caiva | sarvaṁ viṣṇumayaṁ
 jagat | śrī govinda govinda govinda | adya śrī bhagavataḥ
 mahā puruṣasya viṣṇorājñayā pravartamānasya adya
 brahmaṇaḥ dvitiya-parārdhe śvetavarāha-kalpe vaivasvata-
 manvantare aṣṭāvīṁśatitame kaliyuge prathame pāde
 jambūdvīpe bhāratavarṣe bhāratakhaṇḍe meroḥ dakṣiṇe
 pārśve śakābde asmin vartamāne vyāvahārike prabhavādi
 ṣaṣṭi-saṁvatsarāṇām madhye **nandana** nāma saṁvatsare
dakṣiṇāyane varṣartau śrāvaṇamāse kṛṣṇapakṣe adya
 prathamāyām śubhatithau **guruvāsara**-yuktāyām **śravaṇa**-
 nakṣatra-yuktāyām śubhayoga śubhakarāṇa evaṁ guṇa-
 viśeṣaṇa-viśiṣṭāyām asyām prathamāyām śubhatithau
 mithyādhīta- prāyaścittārttham saṁvatsara-
 prāyaścittārttham doṣavad apataniya prāyaścittārttham
 aṣṭottarasahasrasaṁkhyayā gāyatrī mahāmantrajapaṁ
 kariṣye |
 darbhān nirasya | apa upaspr̥śya | (*Throw darbha away and touch*

water.)

praṇavasya ... ।

om bhūḥ ... । (10)

āyātu varadā devī ... ।

gāyatrī (1008)

om bhūḥ ... । (1)

gāyatriyupasthānaṁ kariṣye ।

(Do the remaining part of prātasandhyāvandanam. Remove pavitram and do ācamanam.)